
BIOGRAPHY

Motto: "Erase, No!—Step-Over, Can't!—and Move Forward with Life!"

DR. ROSIE MILLIGAN

Dr. Rosie Milligan, registered nurse, counselor/health consultant, author, and Ph.D. in business administration, has always been an achiever. Every career or business she's been involved in has included helping other people accomplish what they wanted in life. Her motto, "Erase, No!—Step-Over, Can't!—and Move Forward with Life!" has been a motivating influence for hundreds to whom she has been mentor and role model.

The mother of three entrepreneurs—an M.D., a cosmetologist, and a health food store owner—Dr. Milligan lectures nationally on economic empowerment, managing diversity in the workplace, and male/female relationships. Her books, ***Starting a Business Made Simple*** and ***Getting Out of Debt Made Simple***, have helped many across the country. Her most recent release, ***Creating a New You in Six Weeks Made Simple***, is a must-read. Dr. Milligan is also the author of ten other books.

Dr. Milligan has been an instructor in nursing education and was director of nursing for the College of Allied Health Careers and for the Los Angeles Job Corp Center. She assisted in writing the competency-based educational curriculum for Geriatric Nursing for the National Job Corp, was a former employee of United Health Plan (HMO) as nursing supervisor and staff development and holds lifetime teaching credentials with the state of California.

As an entrepreneur and economic empowerment activist, the Mississippi native owns a bookstore and the Professional Business Consulting Services—providing consultation for new and small businesses and staff development training for corporations. In 1990, she started a publishing company, Milligan Books, where she has published over 100 new African-American authors in the past five years. Her publishing company is the fastest growing publishing company owned by an African-American female in the nation.

A successful motivational speaker and trainer, she has appeared on numerous television and radio shows, such as *Sally Jesse Raphael* in New York; *A.M. Philadelphia*; *Evening Exchange* in Washington, D.C., *Marilyn Kagan Show* in Los Angeles, *The Rob Nelson Show* in Los Angeles, and she's a regular guest on Stevie Wonder's KJLH Radio. She is founder and director of "**Black Writers on Tour**," and a former columnist for *Black Issue Book Review Magazine*. Dr. Milligan Host her own Cable TV show—*Express Yourself Literary Café*.

Dr. Milligan was recipient of the 1996 Pioneer Women Los Angeles City Commission on the Status of Women and was also the recipient of the 2001 Ervin Magic Johnson Master of Money Award. Dr. Milligan was nominated for Best Community Leader in the Steve Harvey's 2004 Hoodie Awards. Being presently involved as chairperson of the Community Advisory Group 8th District, she is also a member of HOPE Toast Masters Chapter 1013 Los Angeles.

Dr. Milligan is obviously a woman who knows no limits and has proven this with her newest venture, Milligan Literary Agency. She has sold her work to some of the largest and most prestigious publishing houses.
